



On completion of the following coursework you will receive your Birthlight Toddler Swimming certificate of qualification enabling you to teach all you have learnt on this course. Coursework needs to be submitted no later than 6 months after this course.

The coursework consists of the following elements:

- Case Study comprising of:

Group Case Study

Group lesson plans x 4 sessions minimum (at least 3 parent and baby pairs)
Group Case Study Practice Record Forms x 4
Parent/carer Class Feedback Forms at the end of the 4 week course

And

- Book or DVD review

All forms are included in this manual and can be downloaded from box.net

You will receive an invitation to join Box.net and login details for your birthlight member's area following the course. All the forms required for your practical study can be found on Box.com, this is also where you should upload your coursework. The birthlight member's area provides extra resources that you may find useful.

Case Studies

A case study is a teaching practice in which you carefully document the preparation, the delivery and the debriefing of consecutive sessions with an overview of the process. You are expected to include your lesson plans and then to explain what was modified during the session and as well as how and why your plan was modified. A case study should include personal details of participants (medical history, personal circumstances, reactions to the teaching). You do not have to use their real names.

For your first classes it is strongly recommended that you invite toddlers between the ages of 18 months and 4 years.

Case studies are required, You should follow the development of a class over four sessions of at least 3 parent/toddler pairs. Observe, make notes and write comments on the parent and toddler's progress as well as documenting what you know about their background, home environment medical circumstances, etc.

When studying a class, write lesson plans, observe group dynamics over time and notice responses to both the group's needs and the needs of each individual.

Include as much feedback as possible from each parent.

Book or DVD Review

Candidates are asked to write at least one relevant book or DVD review as part of their coursework. There is no restriction to your choice of book or DVD provided it is relevant to the course.