## **BIRTHLIGHT**

## **Mentor Feedback Form**



(To be completed by the mentor and yourself after each class)

Baby/Toddler Well Woman Swimming Yoga  FEACHING STYLE: e.g. confident use of voice (inc. song & chanting) / clarity of instruction / demonstration of practices / flow of class / attention to group and individuals / use of props and/or modifications / own comments  FEARNING POINTS IDENTIFIED BY THE MENTOR: e.g. range of practices taught / what could have been given more time / what could have been left out / what could have been included / adequate response to student's needs / time for relaxation / own comments	Your Name:				
Number in Class:  One-to-one Group (how many)  Fype of Class Observed Yoga for Maternity Aqua Yoga Nurturing Baby Baby/Toddle Please circle)  Baby/Toddler Well Woman Swimming Yoga  FEACHING STYLE: e.g. confident use of voice (inc. song & chanting) / clarity of instruction / demonstration of practices / flow of class / attention to group and individuals / use of props and/or modifications / own comments  FEARNING POINTS IDENTIFIED BY THE MENTOR: e.g. range of practices taught / what could have been given more time / what could have been left out / what could have been included / adequate response to student's needs / time for relaxation / own comments	Name of Mentor:				
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Swimming Yoga  FEACHING STYLE: e.g. confident use of voice (inc. song & chanting) / clarity of instruction / demonstration of practices / flow of class / attention to group and individuals / use of props and/or modifications / own comments  LEARNING POINTS IDENTIFIED BY THE MENTOR: e.g. range of practices taught / what could have been given more time / what could have been left out / what could have been included / adequate response to student's needs / time for relaxation / own comments			Aqua Yoga	_ ,	Baby/Toddler Yoga
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