



# Fertility Yoga Coursework



## Documentation required for case studies

- \* 1 Fertility Yoga enrolment form per student
- \* 1 class plan per session
- \* 1 practice record form per session
- \* 1 class/student feedback form per student at end of sessions

**Class case study x3  
(with 3 women)**

**One 1-to-1 case study x3  
(with one woman or couple)**

OR

**Two 1-to-1 case studies x3  
(with one woman or couple)**

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**Worksheet 10 questions**